

Your Free Gift



THE INTENTIONAL COUPLE

micro-course



Thank you for your witness.

Please enjoy this

SmartLoving micro-course

as our gift.

Enrich your marriage in one hour

- ✓ On-demand via your phone or laptop
- ✓ In the privacy of your home
- ✓ Interactive activities & discussion questions



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SMARTLOVING

Strengthening your Catholic Marriage

SmartLoving is a series of innovative resources designed to support couples in their commitment to each other

SMARTLOVING ONLINE COURSES

DISCERN

For dating couples considering engagement

ENGAGED

Preparing to marry in the Catholic Church

NEWLYWED

Supporting couples in their first years of marriage

FERTILITY

An integrated approach to Fertility Awareness Methods

MARRIAGE KIT

Enrichment for married couples

BREAKTHROUGH

Support for spouses in difficult marriages



INNOVATIVE FRAMEWORKS



PRACTICAL STRATEGIES



LIBERATING INSIGHTS



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