



Engaged (Live)
Catholic Marriage Preparation Course

Completion Certificate

Awarded to:

Course Completion Date:

Wedding Date | Diocese:

Celebrant:

SmartLoving Mentors:

Signature

Contact Details:.....

Date:

Course Overview

1. **A Mission to Love:** Learning how to love effectively, the power of affirmation.
2. **Dialogue:** Effective communication for establishing empathy.
3. **Knowing Me, Knowing You:** Family of origin influences, forgiveness.
4. **Building Unity:** Managing differences and making couple decisions, reconciliation.
5. **Sex - Sacred Embrace:** The theology of sex, maintaining romance, Fertility Awareness Methods.
6. **Soul Mates for Life:** Sacrament of Marriage, spiritual intimacy, couple prayer, wedding liturgy.